

Saddleback Church
1 Saddleback Parkway
Lake Forest CA 92630
PROFESSIONAL COUNSELING REFERRALS
Sexual Trauma Recovery Providers

Clare D. Albright, Psy.D

(949) 454-0996, Lake Forest

Anxiety, Depression, Codependency, Panic Attacks, Obsessive Compulsive Disorder, Phobias, Post Traumatic Stress Disorder, Anger Management, Eating Disorders, Divorce Recovery and Marital Separation Issues, Sexual Assault, Sexual Abuse, Gender Issues, Adults, College Age, Teens, School and Academic Counseling, Wives of Sex Addicts, Life and Business Coaching, EMDR (Eye Movement Desensitization Reprocessing Therapy). drclarealb@hotmail.com

Vicki AsherWills, LSSW

(949) 648-1213, San Clemente

Depression, Anxiety and Panic; Relationship crises (both couple and parent-child); through life transitions (including Divorce, Empty Nests, Career Changes/loss); Out of trauma (Child Sexual Abuse, Alcohol and Drug and Sexual Addictions, Assault, Domestic Violence); Adults and Adolescents. vickiasherwills@gmail.com

Laird Bridgman, Psy. D., C.E.A.P.

(949) 636-2207, Lake Forest

Young teens, young adults, adults, and seniors. Individuals, couples and families. Specialties: sexual addiction, substance abuse, co-dependency or partner of addict relationship issues, anxiety issues, panic attacks, depression, grief, career change/transition, life transition challenges, PTSD, abuses, and traumas, marital/relationship issues, spiritual growth/issues, high school/college issues.
www.bridgmandocs.com docbridgman@sbcglobal.net

Paulette Clark, LMFT

(949) 313-1093, Lake Forest & Costa Mesa

Improving couple communication, Abandonment and Attachment Issues, Parenting issues, Anxiety, Depression, Codependency, Adoption, Intimacy and Sexual difficulties, Male and Female Sexual/Porn Addiction, Spouses of Sex addicts, Infidelity, Spiritual issues, Trauma, Abortion Recovery, Life transition, Health problems, and Grief. Adults and teens.
pauletteclarkmft@yahoo.com paulette@pauletteclarkcounseling.com

Janet Congo, MFT

(949) 452-9295, Laguna Hills

18 years or older - Premarital, Marital, Affair Prevention and Repair, Step-parenting Issues, Women's Issues, Adolescents, Young Adults/College Age, Singles, Adults, Self-image Concerns, Stress, Anger, Anxiety, Grief, Physical Abuse, Sexual Abuse, Codependency, Divorce Recovery, Grand-parenting Issues, Spiritual Issues, and Navigating Life's Transitions
janetcongo@gmail.com www.congocounseling.com

Saddleback Church
1 Saddleback Parkway
Lake Forest CA 92630
PROFESSIONAL COUNSELING REFERRALS
Sexual Trauma Recovery Providers

Mary Felch, MFT

(949) 230-0950, Mission Viejo

Sexual and Physical Abuse Victims, Depression, Anxiety, Trauma, EMDR Certified, Divorce and Grief Recovery, Life Transition Issues, Relationship Issues, Marriage and Premarital Counseling, Codependence and Self Esteem Issues. Expressive Art Therapy, and Women's Groups. Individual Adults, Couples, College Age, Adolescents, Children, and Groups.

Maryfelch@gmail.com

Larry Hamilton, MFT

(949) 707-1613, Laguna Hills

Children's Play Therapy (ages 4 and up), Adults, Adolescents, College Age, Couples & Family Therapy, Communication & Intimacy Issues, ADD/ADHD, Parenting , Step Parenting Issues, Co-parenting After Divorce, Behavioral Problems, Anxiety, Panic Attacks, Depression, Obsessive Compulsive Disorder, Grief and Loss of a Loved One, Post Trauma (due to physical or sexual abuse, violence, or having observed it), Anger Management, Self-Mutilation/Cutting, Abandonment & Attachment Issues, Work Stress, Life Transition Difficulties, Addiction issues (substances, alcohol, pornography, food).

larryhamiltonmft@cox.net

www.larryandleahhaniltonmft.com

Karen Handley, Ph.D.

(949) 460-9528, Mission Viejo

Eating Disorders, Children, Adolescents, Adults, Marriage Counseling, Family Therapy, Psychological Testing, Educational Testing, Play Therapy, Depression, Anxiety, Sexual Abuse, Hospitalization

khandley@drkarenhandley.com

Kristin Howerton, MA, MFT

(949) 933-5747, Costa Mesa

Marital Counseling, Pre-Marital Counseling, Blended Family Issues, Family Therapy, Substance Addiction and Intervention, Codependency, Sexual Addiction/Pornography, Sexual Disorders, Anxiety, Stress Management, Infertility, Adoption Issues

Bob Hughes, MFT

(949) 855-8333, Mission Viejo

Adults, College Age, Adolescents, Marriage/Individual Counseling, Anxiety, Depression, Addictions, Abuse Victims, Anger and Stress Management, Spiritual Issues, Spiritual Mentoring, Phobias

bjhughes@cox.net

Saddleback Church
1 Saddleback Parkway
Lake Forest CA 92630
PROFESSIONAL COUNSELING REFERRALS
Sexual Trauma Recovery Providers

Kelly McGuire-Wittrock, LMFT

(949) 636-2996, Lake Forest

Children, Adolescents, Adults and the Elderly since 1995. Teaching parents effective parenting strategies; helping kids with behavioral issues; helping individuals with trauma issues (Trained in EMDR and Trauma-Focused CBT), individuals with chronic illness and/or physical limitation(s), grief & loss issues, and marital/relationship issues.

kmwittrock@gmail.com

Richard Mehl, MFT

(949) 751-7590, Laguna Hills

Takes all insurance, anxiety, addictions, affairs, anger management, assertiveness, blended families, childhood abuse, communication, compulsive behaviors, conflict resolution, couples, depression, divorce/separation, grief adjustment, low self-esteem, money management, Parenting, premarital, pornography, sexual addiction, sexual issues, shyness, spiritual struggles, stress management, work/career challenges. RMehl@cox.net and www.richardmehlcounseling.com

Clifford L. Penner, Ph.D., Clinical Psychologist

(626) 449-2525, Pasadena

Joyce J. Penner, R.N., M.N., Clinical Nurse Specialist

see clients with a variety of individual, relational and sexual issues

<http://www.passionatecommitment.com> penners@attglobal.net

Dottie Pickett, MFT

(949) 735-6880, Costa Mesa

Adults, and Adolescents, Marital and Family Therapy, Spiritual Issues, Anxiety, Low-self Esteem, Codependency, ADD and EMDR, anger issues, abuse of all kinds, specialize in sexual abuse.

dottiepickett@yahoo.com

April Thompson, M.S, LMFT

(714)-924-4325, Brea

Child and Adolescent Therapy (2-18), Play Therapy, Family Therapy, Parent Education, Co-parenting, School Observational Assessments, In-Home Behavioral Assessments and Parent Coaching, Foster/Adoption and Attachment Bonding Issues, Child Abuse and Trauma, Divorce, Blended Families, ADHD, Teen Depression and Anxiety, Teen Body Image Issues, Support group for Teens of Divorced or Separated Parents. sperofamilyservices@yahoo.com